



Essentials for Infusion: Your Guide to ZYNLONTA®

This brochure will help you understand what to expect for your ZYNLONTA® infusions. This way, you can focus on being present. Let's get you to your “here,” a place where you feel most like yourself.



Not an actual patient.

What is ZYNLONTA®?

ZYNLONTA® is a prescription medicine used to treat adults with certain types of large B-cell lymphoma that has come back (relapsed) or that did not respond to previous treatment (refractory), who have already received two or more treatments for their cancer.

It is not known if ZYNLONTA® is safe and effective in children.

The approval of ZYNLONTA® is based on a type of response rate. There is an ongoing study to confirm the clinical benefit of ZYNLONTA®.

Please see [Important Safety Information](#) throughout this brochure and on pages 10-11 and full [Prescribing Information](#) for ZYNLONTA®, including Patient Information, on [ZYNLONTA.com](https://www.zynlonta.com).



Not an actual patient.

Here for you throughout your treatment

Welcome to care with ZYNLONTA®






You and your care team have decided that ZYNLONTA® is the right diffuse large B-cell lymphoma (DLBCL) treatment for you.

This guide is meant to help you feel ready for your infusions.

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Please see **Important Safety Information** throughout this brochure and on pages 10-11 and full **Prescribing Information** for ZYNLONTA®, including Patient Information, on **ZYNLONTA.com**.

Your doctor may give you a steroid before ZYNLONTA®



Before each ZYNLONTA® treatment, you may have to take a prescription steroid (dexamethasone) to lower your chance of side effects.

Your doctor will let you know if this is needed. The steroid may be given as an oral medication or intravenous (IV) infusion.

If given orally, the steroid needs to be taken:

2 times a day



for 3 days



starting the day before infusion(s)

IMPORTANT SAFETY INFORMATION

What are the possible side effects of ZYNLONTA®?

ZYNLONTA® may cause serious side effects, including:

- **Fluid retention.** Your body may hold too much fluid during treatment with ZYNLONTA®. This can be serious. Tell your healthcare provider if you develop new or worsening swelling or puffiness, weight gain, chest pain, shortness of breath, or trouble breathing
- **Low blood cell counts (platelets, red blood cells, and white blood cells).** Low blood cell counts are common with ZYNLONTA® but can also be serious or severe. Your healthcare provider will monitor your blood counts during treatment with ZYNLONTA®. Tell your healthcare provider right away if you get a fever of 100.4°F (38°C) or above, or any bruising or bleeding

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Planning for infusions

Consider where you will receive infusions

ZYNLONTA® is given by an IV infusion at a doctor's office, clinic, hospital's outpatient unit, or infusion center. Ask your care team about your options. To help you feel well-informed and reduce stress, below are some questions you should ask your care team before your first infusion.



Where can I get my treatment?

- How do I get to and from the treatment location?
- What options are there for parking?
- Are there any transportation services?

What is the total length of each visit?

- What is the check-in process like?
- How much time should I block off for the entire visit?

What should I know before starting each infusion session?

- What is the process before infusion?
- Do I need to stop eating at a certain time before treatment?

How tiring will treatment be?

- Will it affect my mood?
- How active can I be after treatment?

IMPORTANT SAFETY INFORMATION (continued)

- **Infections.** Serious infections, including infections that can cause death, have happened in people treated with ZYNLONTA®. Tell your healthcare provider right away if you have new or worsening signs or symptoms of infection

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Before you receive ZYNLONTA®



Tell your doctor's office about all of your medical conditions, including if you:

- have an active infection or have had one recently
- have liver problems
- are pregnant or plan to become pregnant because ZYNLONTA® can harm an unborn baby
- are breastfeeding or plan to breastfeed. It is not known if ZYNLONTA® passes into breast milk. Do not breastfeed during treatment with ZYNLONTA® and for 3 months after the last dose of ZYNLONTA®

Take steps to avoid or limit sun exposure



This includes sunlight through glass, such as buildings or vehicle windows and artificial sunlight, such as sunlamps or tanning beds.

Use sunscreen and wear loose-fitting clothes that cover your skin while out in sunlight.

What to ask about before your first infusion

- | | | |
|-------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| <input type="radio"/> Your premedication schedule | <input type="radio"/> Activities you can do during infusion and comfort items you can bring | <input type="radio"/> When your first appointment is and if you can set up a schedule |
| <input type="radio"/> How long the infusion appointment will be (including premedication) | <input type="radio"/> Where your caregiver can be during infusions | <input type="radio"/> Any other helpful tips |

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ZYNLONTA® dosing schedule



Not an actual patient.



Your doctor will decide how many therapies you need. You'll work with office staff to figure out the best schedule for you.

Tip: Set a reminder on your phone about your therapy/therapies.
This way you can plan around your treatment schedule.

IMPORTANT SAFETY INFORMATION (continued)

- **Skin reactions.** Serious skin reactions have happened in people treated with ZYNLONTA®. Tell your healthcare provider if you get new or worsening skin reactions, including sensitivity to sunlight, skin rash, peeling, redness or irritation. You may burn more easily or get severe sunburns

The most common side effects of ZYNLONTA® include:

- feeling tired or weak
- skin rash
- swelling
- nausea
- muscle or joint pain
- increase in blood sugar (hyperglycemia)
- changes in certain blood or laboratory tests

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ZYNLONTA® dosing schedule (continued)

What to do during your infusions

You can bring an activity to pass the time during your ZYNLONTA® infusions.

Take this time to do light activities or be productive



Catch up
on reading



Work on
a puzzle



Use a phone,
tablet, or laptop



Bring headphones to listen to/watch whatever
will make you happy and comfortable

What to ask about before leaving appointments

- ☐ Side effects to look for and any helpful tips
- ☐ When to call your doctor's office or visit the ER for serious side effects
- ☐ Any changes in how much ZYNLONTA® you'll get and when
- ☐ When your next appointment is
- ☐ Support and advocacy groups you may be able to join

IMPORTANT SAFETY INFORMATION (continued)

ZYNLONTA® may cause fertility problems in males which may affect your ability to father children. Talk to your healthcare provider if this is a concern for you. These are not all of the possible side effects of ZYNLONTA®.

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Spotting serious side effects

If you have severe side effects, your doctor may:



Stop your treatment



Delay your treatment



Change your dose of ZYNLONTA®

Your doctor will also do blood tests regularly to check for side effects and keep an eye on your response to treatment while you're on ZYNLONTA®.

You will be monitored for infusion site reactions, infections, and skin reactions. You may also need CT scans to monitor the cancer.



Not an actual patient.

Get in touch with your care team immediately if you have:



Swelling from fluid buildup



Weight gain



Signs of infection



A fever of 100.4°F (38°C) or above, or if you have any bruising or bleeding



Any skin reactions

What to do if you miss an infusion

If you miss an infusion, don't worry. Let your care team know. They will work with you to find a solution.

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General tips for common side effects

These are not all of the possible side effects of ZYNLONTA®. Talk to your doctor about side effects and tips before trying the suggestions below.

Feeling tired or weak

Let others help you perform tasks. Balance brief, light exercise with short naps, if needed.

Skin rash

Use only mild, gentle soaps and lotion. Use sunscreen and skin-covering clothes when going out.

Swelling

Wear loose clothes. Prop up your feet when lying or sitting. Wear compression clothes. Eat a low-sodium diet. Salt can make swelling worse.

Muscle or joint pain

Keep track of pain levels and what helps you reduce pain. Don't wait to take your pain medicine. Consider reaching out to a pain specialist.

Nausea

Take an anti-nausea medicine. Drink plenty of water and fluids. Try deep breathing and other stress-relief routines that help some people with nausea.

Increase in blood sugar (hyperglycemia)

Consult your doctor's office for more information.

Changes in certain blood or lab tests

Your doctor's office will share ways to help.

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- **Low blood cell counts (platelets, red blood cells, and white blood cells).** Low blood cell counts are common with ZYNLONTA® but can also be serious or severe. Your healthcare provider will monitor your blood counts during treatment with ZYNLONTA®. Tell your healthcare provider right away if you get a fever of 100.4°F (38°C) or above, or any bruising or bleeding

- **Infections.** Serious infections, including infections that can cause death, have happened in people treated with ZYNLONTA®. Tell your healthcare provider right away if you have new or worsening signs or symptoms of infection
- **Skin reactions.** Serious skin reactions have happened in people treated with ZYNLONTA®. Tell your healthcare provider if you get new or worsening skin reactions, including sensitivity to sunlight, skin rash, peeling, redness or irritation. You may burn more easily or get severe sunburns

The most common side effects of ZYNLONTA® include:

- feeling tired or weak
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- increase in blood sugar (hyperglycemia)
- changes in certain blood or laboratory tests

ZYNLONTA® may cause fertility problems in males which may affect your ability to father children. Talk to your healthcare provider if this is a concern for you. These are not all of the possible side effects of ZYNLONTA®.

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What should I avoid while receiving ZYNLONTA®?

Avoid or limit your exposure to sunlight, including sunlight through glass, such as buildings or vehicle windows and artificial sunlight such as sunlamps or tanning beds. Exposure to sunlight during treatment with ZYNLONTA® can cause skin reaction or rash. Use sun protection measures such as sunscreen and wear loose-fitting clothes that cover your skin while out in sunlight.

Before you receive ZYNLONTA®, tell your healthcare provider about all of your medical conditions, including if you:

- have an active infection or have had one recently
- have liver problems
- are pregnant or plan to become pregnant. ZYNLONTA® can harm your unborn baby

Females who can become pregnant:

- your healthcare provider may do a pregnancy test before starting treatment with ZYNLONTA®
- you should use effective birth control (contraception) during treatment with ZYNLONTA® and for 10 months after the last dose of ZYNLONTA®. Talk to your healthcare provider about effective birth control. Tell your healthcare provider right away if you become pregnant or think that you are pregnant during treatment with ZYNLONTA®

Males with female partners who can become pregnant:

- you should use effective birth control (contraception) during treatment with ZYNLONTA® and for 7 months after the last dose of ZYNLONTA®
- are breastfeeding or plan to breastfeed. It is not known if ZYNLONTA® passes into breast milk. Do not breastfeed during treatment with ZYNLONTA® and for 3 months after the last dose of ZYNLONTA®

Tell your healthcare provider about all the medicines that you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Know the medicines you take. Keep a list of them to show your healthcare provider or pharmacist when you get new medicine.

You may report side effects to the FDA at **(800) FDA-1088** or www.fda.gov/medwatch. You may also report side effects to ADC Therapeutics at **1-855-690-0340**.



Navigate DLBCL with helpful tools and resources



There are resources on the ZYNLONTA website to help you best manage your treatment goals. Find information about:



Help with your co-pay with
ADVANCING
Patient Support



Driving the conversations
with your doctor



More info
about your
ZYNLONTA®
treatment

Scan QR code to find more resources from
ZYNLONTA.com >



Not an actual patient.

Connecting with the community for support

The Lymphoma Research Foundation (LRF) and the Leukemia & Lymphoma Society® (LLS) are great resources for information and support.



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